

Instant Messages? Women's sport and physical activity the ace of new media



Western Society for Physical Education of College Women 87th Annual Conference



November 17-20, 2011

Cambria Pines Lodge, Cambria, CA

**2011 Western Society for Physical Education of College Women Conference
Planning Committee**

Alison Wrynn, WSPECW President	CSU Long Beach
Kerrie Kauer, Program Chair	CSU Long Beach
Diane Higgs, Conference Manager	CSU Long Beach
Laura Chase	Cal Poly Pomona
Karen Johnson	CSU Los Angeles
Lauren Rauscher	CSU Long Beach
Melissa Mache	CSU Chico
Maureen Smith	CSU Sacramento

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Cambria, California

November 18-21, 2011

Welcome to the 87th Annual WSPECW Fall Conference!

This year's theme "Instant Messages? Women's sport and physical activity the face of new media" provides us with an opportunity to examine the influence of changing forms of communication on the field of human movement—in particular its impact on the ways in which girls and women experience physical activity and sport. Kerrie Kauer and the Conference Planning Committee have put together an outstanding conference program that I'm sure will elicit a lot of discussion!

This conference is such a wonderful time to connect with old friends and meet new ones. I am always amazed at the great personal and professional connections that I am able to make during these meetings. I know that it is a busy time in our professional schedules, but take the time to disconnect from the outside pressures and focus on the conference and the women of Western!

We are in beautiful central coast location this year. Cambria allows us to be close to the ocean while experiencing different sights from our previous conference venues. We have left plenty of time in the conference schedule for you to go exploring. There are beautiful galleries and shops in Cambria. Moonstone Beach has great views and sea lions. We are right down the road from Hearst Castle, one of Julia Morgan's architectural triumphs (other than Asilomar that is!).

I deeply appreciate the opportunity I have had over the past year to serve as President of this organization. Past-President Maureen Smith has been extremely supportive over the past year and I look forward to working with incoming President Laura Chase, and incoming President-elect Diane Higgs. WSPECW continues to be in good hands!

Alison Wrynn
WSPECW President, 2010-2011

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Thursday, November 18, 2010

Time	Event	Location
12:00-2:00	Registration	
2:00-3:30	Board Meeting and Registration (cont.)	
3:30-3:45	Meet for Hearst Castle Tour (<i>Optional</i>)	
3:45-7:15	Free Time & Dinner in Cambria	
7:30-8:30	New Faculty Panel	Peacock B
	Presider: Zanean McClain, Melissa Mache, Bekkie Bryan	
8:30-9:00	General welcome to the conference – Alison Wrynn	
	Introduction of Keynote Speakers (Vikki Krane, Nicole LaVoi)	
	Presider Kerrie Kauer	
	Big Sis/Little Sis/Kudos – Zanean McClain, Sonja Lilienthal	
	Social	Lounge Bar

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Friday, November 19, 2011**

- | | | |
|-------------|---|------------------|
| 7:00-8:30 | Breakfast &
Early Bird Movement (e.g., group walk) | Peacock B |
| 9:00-10:30 | Scholarly Session #1
Presider: Ann Fran Maliszewski
<i>Susan Bandy</i>
<i>Feminist Perspectives of Eleanor Metheny</i>
<i>Rita Liberti</i>
<i>Racing for Justice: Civil Rights 'Activism' and the
Tennessee State Tigerbelles</i>
Alison Wrynn
<i>Personal Connections to Amy Morris Homans: Writing
the Amy Morris Homans Lecture "Beyond the Standard
Measures: Physical Education's impact on the
dialogue about obesity in the 20th century"</i> | Peacock B |
| 10:30-10:45 | Break | |
| 10:45-11:45 | Keynote (Presider: Kerrie Kauer)
Vikki Krane, PhD, Bowling Green State University
<i>Muscles, attitude, and passion: This is a female athlete.</i> | Peacock B |

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11:45-12:00	Big Sis/Lil Sis and Kudos	Peacock B
12:00-1:30	Lunch	Cambria (town)
1:30-2:30	Scholarly Session #2	Peacock B
	Presider: Ann Fran Maliszewski	
	Rebecca Bryan	
	<i>The Supervision and Training of Paraeducators in the General Physical Education Environment: A Qualitative Approach</i>	
	Sue Rodearmel	
	<i>Jackson Triangle, Hayward's Promise Neighborhood</i>	
2:30-2:45	Big Sis/Lil Sis and Kudos	Peacock B
2:45-4:45	Free Time/Gentle Movement Activity	
4:45-6:00	Happy Hour Social	Lounge Bar
6:00-7:30	Dinner	Cambria (town)
7:30-9:00	Film & Discussion followed by Social	

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Saturday, November 19, 2011

7:00-8:30 Breakfast **Peacock B**

9:00-10:15 Kudos/Big Sis/Lil Sis **Peacock B**

Scholarly Session #3

Presider: Ann Fran Maliszewski

Michelle Barr

***Encouraging College Student Active Engagement in
Learning: Response Methods and the Role of
Anonymity***

Melissa Mache

***A Different Model of 'Safer' In the Evaluation Of Knee
Biomechanics During Landing***

10:15-10:30 Break

10:30-11:30 Keynote Speaker **Peacock B**

Nicole LaVoi, PhD, University of Minnesota

"Sexy Babes, Silence & Social Media: Female Athletes and
Sport Media Research"

Presider: Kerrie Kauer

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Saturday, November 19, 2011

11:30-1:00	Lunch	Cambria (town)
1:00-1:30	Kudos Big Sis/Lil Sis	Peacock B
	Professional Development Award Winners 2010	
	Presentation – Maria Veri	
	Presentation of 2011 Professional Development Award Winner	
1:30-2:30	Keynote Dialogues	Peacock B
	Vikki Krane and Nicole LaVoi	
	Presider: Alison Wrynn	
2:30-3:45	Business Meeting	Peacock B
	Presider: Laura Chase	
	Raffle/Group Picture	
	Presider: Bekkie Bryan	
3:45-5:00	Free Time	
5:00-6:30	Happy Hour Social <i>with</i> Bagpipes by Martha Yates	

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Saturday, November 19, 2011

6:30-7:30 Dinner **Peacock B**

7:30-9:30 Banquet and Social **Peacock B**

Mistress of Ceremonies: Maureen Smith

Banquet Speaker: Sharon Guthrie, CSU, Long Beach

Introduction: Emily Wughalter

Sunday, November 21, 2010

7:30-8:30 Breakfast **Peacock B**

8:30-10:00 Post-conference Board Meeting

Presider: Laura Chase

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Vikki Krane

Vikki Krane is a professor with the School of Human Movement, Sport, and Leisure Studies at Bowling Green State University. She also is an affiliated faculty member with the Women's Studies and American Culture Studies programs and is the former director of the Women's Studies Program. She has been the editor of *The Sport Psychologist* and the *Women in Sport and Physical Activity Journal* and currently is on the editorial boards of *The Sport Psychologist* and *Qualitative Research in Sport & Exercise*. She is a fellow of the National Academy of Kinesiology. Krane teaches courses in sport psychology, gender and sport, and research. Her scholarship focuses on heterosexism and LGBT experiences in sport and feminist issues in sport psychology. She earned her doctorate at the University of North Carolina at Greensboro after receiving her Master's degree from the University of Arizona and her bachelor's degree from Denison University.

Nicole LaVoi

Nicole M. LaVoi, Ph.D. is the Associate Director of the Tucker Center for Research on Girls & Women in Sport, Co-Coordinator of the Minnesota Youth Sport Research Consortium, and instructor in the area of Physical Activity Social & Behavioral Science. Dr. LaVoi's multidisciplinary research includes influences from sport & exercise psychology, sport sociology, sport management, youth development, child development, moral development, and feminist studies. LaVoi's research has focused on the relational qualities of the coach-athlete relationship, the effect of adult behaviors (parents and coaches) in youth sport on children and youth, the emotional experiences of youth sport parents, the physical activity of underserved girls, the structural and personal barriers experienced by female coaches in youth sport, and media representations of girls and women in sport. Dr. LaVoi joined the University of Minnesota faculty in the School of Kinesiology in 2005. From 1994 to 1998 she was an Assistant Professor of Physical Education and Head Tennis Coach at Wellesley College in Wellesley, MA.

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Feminist Perspectives of Eleanor Metheny Susan J. Bandy, Ohio State University

Eleanor Metheny, who was an active member of WSPECW, made important contributions to the natural scientific, social scientific, and philosophic literature concerning sport, dance, and human movement in the United States during her career, which spanned the decades from the 1940s to the 1980s. As a young scholar, she conducted pioneering anthropometric work concerning racial differences and sport as well as differences between males and females and physical activity. She is perhaps most well known for her philosophic work concerning the symbolic, connotative, intrinsic, and ritual-like nature of movement in sport and dance in *Movement and Meaning* (1968). Less is known about Metheny's feminist perspectives concerning sport and physical activity. Her interest in what has been termed "the others" in sport focused her work on societal issues that affected the participation of females in sport. In 1965 she wrote one of the first feminist critiques of modern sport in a collection of essays entitled *Connotations of Movement in Sport and Dance* (1965) and published other feminist work in books and essays for the lay person. In this presentation, I will examine Metheny's work in terms of her feminist views and consider the way in which her feminism informed her research and her views of sport, dance, and physical activity.

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Racing for Justice: Civil Rights 'Activism' and the Tennessee State Tigerbelles

Rita Liberti, California State University East Bay

For nearly two decades beginning in the early 1950s the women's track team at Tennessee State University (a historically black institution) dominated national and international competition, including the Olympics. The Tigerbelles' dominance on the track coincided with an increasingly tumultuous time across the American south beginning in the 1950s as civil rights protests swelled in number and intensity. Though generally not seen as civil rights 'activists,' I offer that the Tigerbelles and their achievements on the track were, nonetheless, incredibly central to the larger movement for racial justice. Examining black press reports beginning in the late 1940s through the late 1960s, I argue that the Tigerbelle student-athletes, as some of the more high profile African Americans of the period, were icons or emblems to many within the black community. Black press accounts underscored Tigerbelle triumph as a source of pride for the entire community of African Americans. Importantly, the narratives also position the Tennessee State student-athletes as *civil rights agents* whose actions were part of a broader effort to challenge white supremacy's ideological and structural hold on the American South and the nation.

The Supervision and Training of Paraeducators in the General Physical Education Environment: A Qualitative Approach

Rebecca R. Bryan, California State University, Sonoma

The purpose of this study was to examine how paraeducators, special education, physical education, and adapted physical education teachers understand the standards, supervision and training of paraeducators in the general physical education environment. Participants included paraeducators (n= 4), special education teachers (n=3), general physical education teachers (n=4), and adapted physical education teachers (n=4). Data collection included individual in-depth interviews, multiple field observations, a questionnaire, document analysis, and research notes.

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Results indicate concern regarding the dissemination of standards, responsibility for students with disabilities and paraeducator supervision, and training needs of teachers and paraeducators. These findings and future discoveries may influence pedagogical approaches and curriculum in physical education teacher training programs.

Personal Connections to Amy Morris Homans: Writing the Amy Morris Homans Lecture “Beyond the Standard Measures: Physical Education’s impact on the dialogue about obesity in the 20th century”

Alison Wrynn, Ph.D. California State University, Long Beach

This presentation will focus on the 2011 Amy Morris Homans’ lecture and my personal connections to Homans. I will talk briefly about the research paper itself (published in *Quest*) but will focus mostly on the research process and connection to Homans. As numerous Homans’ lecturers have attested, Amy Morris Homans was a significant and visionary leader who set the foundation for women’s physical education for the first half of the 20th century. Her reign at the Boston Normal School for Gymnastics was ironclad, and through the BNSG she controlled her student’s lives, including their physical appearance. This notion of appropriate vs. inappropriate physical appearance continues to play out in American society today. One of the most significant debates within the profession of physical education, and throughout the nation, is on the topic of obesity. This essay examines how physical education has been cognizant of body weight more than almost any other profession—except for perhaps medicine—over the past 120 years, but appears to have only in recent years jumped on the bandwagon and is joining the chorus of professions who claim that there is a crisis in contemporary America. In addition, it examines the pedagogy of overweight/obesity. That is, how has the American physical education profession instructed its professional members about issues to do with body weight and size over the first half of the 20th century?

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Encouraging College Student Active Engagement in Learning: Response Methods and the Role of Anonymity

Michele L. Barr, Ed.D. (ABD), California State University, Fullerton

The purpose of this study was to examine the use of two student response methods with varying degrees of anonymity in selected college lecture halls: clickers to respond anonymously and hand-raising to indicate willingness to be called on by the teacher to respond. 380 undergraduate students studying Kinesiology from three different California State Universities were asked to respond to instructor asked questions during two consecutive lectures, one lecture using clickers and the other using hand-raising. At the conclusion of each lecture, students responded using clickers to two higher-order thinking questions as a measure of comprehension of the lecture content. Statistically significant differences were found for comprehension rates between response methods, comprehension rates post clickers when examined by gender, year in school and focus area, and participation rates when examined by year in school. Examination of participant responses to a post-study survey revealed insight into the role of anonymity, identifiability, participation, question presentation, and cognitive engagement during traditional college lecture settings. The majority of students want to engage cognitively and actively participate in class by answering questions. Barriers include negative affect associated with answering incorrectly, the presentation format of the question, and lack of sufficient processing time before someone else answers. Responding anonymously using clickers appears to positively address each of these issues.

A Different Model of 'Safer' In The Evaluation Of Knee Biomechanics During Landing

Melissa A. Mache, California State University, Chico

Because women experience ACL ruptures at a greater rate than men in matched sports, men have been used as a model of safer movement.

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However we know that men also experience ACL injuries and it is likely that men and women who experience ACL ruptures exhibit similar movement patterns. Limited movement in the sagittal plane may increase the likelihood of ACL injury. Therefore, the purpose of this study was to use a different model of safer to examine if individuals with less sagittal motion employed less safe movement patterns compared to those with more sagittal plane motion. Twenty-nine men and women with recent experience in jumping activities and no history of knee injury participated. Biomechanical data were collected during drop-jumps. To compare knee biomechanics during landing participants were stratified according to their combined sagittal plane range of motion at the hip, knee, and ankle during landing. Participants with a value less than the group average were placed in the low flexion group and those with a value greater than the group average were assigned to the high flexion group. Differences were evaluated using independent t-tests. The low flexion participants exhibited larger peak knee abduction moments ($p = 0.012$) and smaller peak knee adduction moments ($p = 0.013$) than the high flexion participants. The present results indicate that individuals with limited sagittal plane motion may experience greater ACL loading than individuals who employ more sagittal plane motion; thus this may be a promising model of safer.

Jackson Triangle, Hayward's Promise Neighborhood
Sue Rodearmel, Ed.D. California State University, East Bay

The Department of Kinesiology at California State University, East Bay was one of 21 communities in the nation to receive a Promise Neighborhood planning grant. The *Promise Neighborhoods* program is a US Department of Education initiative launched in April 2010 focused on breaking the cycle of inter-generational poverty by significantly improving the educational and developmental outcomes and overall life prospects of children/youth in our most distressed communities. Inspired by the success of the *Harlem Children's Zone*, the Obama Administration is working to alleviate poverty with a national commitment to this comprehensive education-centered,

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place-based approach to support children from birth to college and career. The core idea behind the initiative is that providing both effective schools and strong systems of support to children and youth in poverty and, thus, meeting their health and wellness, social services, and educational needs, will offer them the best hope for a better career and life. This one-year planning grant provided resources for a broad partnership of community members, neighborhood residents, and organizations to come together to conduct a neighborhood needs assessment and develop a comprehensive neighborhood revitalization plan that includes a comprehensive continuum of cradle-through college-to-career solutions designed to improve educational and developmental outcomes for all children/youth and families in Hayward's Jackson Triangle neighborhood. The plan was recently submitted to the Dept of Education in a proposal for implementation funding. The hope is that the Hayward Promise Neighborhood initiative will serve as a model and grow to serve all of Hayward's children in the future.

FOLLOW-UP ON PROFESSIONAL DEVELOPMENT AWARD (2010)

A Qualitative Assessment of Girls' Experiences in *Girls on the Run, Bay Area*

Maria J. Veri, San Francisco State University

The purpose of this study was to assist the San Francisco Bay Area chapter of *Girls on the Run* (GOTR) with a comprehensive assessment of its program by conducting qualitative interviews with girls in the communities it serves in order to determine how effectively GOTR is achieving its curricular objectives. In this presentation, I will discuss the key findings from qualitative interview data collected during the Spring 2011 GOTR season. Forty-five girls, ages 9-13, from 10 Bay Area program sites participated in the study. Interview methods were used in order to gain an understanding of girls' experiences in GOTR and the impact of the curriculum-driven program on the participants' lives. Initial findings indicate that the girls were highly motivated by support from their coaches and peers and strongly valued the

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girls-only nature of the program. Interview data also suggest that the girls were able to successfully transfer skills and information, particularly around the importance of nutrition, communication, and physical activity, from lessons to home and school environments.

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WSPECW Executive Board 2011-2012

Position	Name	Institution
President	Alison Wrynn	CSU Long Beach
Past President	Maureen Smith	Sacramento State
President-elect	Laura Chase	Cal Poly Pomona
Treasurer	Martha Yates	Sonoma State (retired)
Secretary	Laura Jones Petranek	Boise State
Member-at-Large	ZáNean McClain	CSU East Bay
Member-at-Large	Sonja Lilienthal	San Jose State
Historical Records	Shelley Lucas	Boise State
Honorary, Emeritae, Necrology	Joan Johnson	CSU Los Angeles (retired)
Media Chair, Newsletter Editor	Ellen Carlton	Sonoma State
Membership & PR	Laura Jones Petranek	Boise State
	Sonja Lilienthal	San Jose State
Professional Activities	Ann F. Maliszewski	Cuesta College
Parliamentarian	Karen Johnson	CSU Los Angeles
		(Professor Emerita)
Program Chair	Kerrie Kauer	CSU Long Beach
Conference Manager	Diane Higgs	CSU Long Beach